



# Pool Activity Schedule June 23 - August 3, 2017



Summer is a quiet time for us, however things do come up. The FRC pool does close in thunder and lightning storms.  
Please call ahead to our front desk at 778-7437 to confirm pool availability.

Schedule Questions? Contact Jennifer Pageot, Manager of Aquatics  
778-7437, jennifer.pageot@maine.edu

Highlighted = Pool section closed.

\*\* Confirm class offering through group fitness schedule

Revised 6/20/2017

	Monday 6am - 8:30pm				Tuesday 6am - 8:30pm				Wednesday 6am - 8:30pm				Thursday 6am - 8:30pm				Friday 6am - 6:30pm				Saturday 8:30am-6:30pm				Sunday 10:30am-8:30pm													
	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3										
6am																					Pool Opens at 8:30am	Pool Opens at 10:30am																
7am	**HT Water Exercise 7:30-8:30																																					
8am					FMH PT 8:00-9:00																																	
9am	*Water Exercise 9:15-10				Rental 9:15-10:15				*Water Exercise 9:15-10								*Water Exercise 9:15-10																					
10am																																						
11am																																						
12pm																																						
1pm	Summer Daze Camp 1-3pm				Summer Daze Camp 1-3pm				Summer Daze Camp 1-3pm								Summer Daze Camp 1-3pm																					
2pm																																						
3pm																																						
4pm																																						
5pm	*Water Exercise 5:15-6																																					
6pm					**Aqua Zumba 5:30-6:30 Shallow Area Only																																	
7pm																																						
8pm																																						
	Closed at 8:30pm				Closed at 8:30pm				Closed at 8:30pm				Closed at 8:30pm				Closed at 6:30pm				Closed at 6:30pm				Closed at 8:30pm													