



# Pool Activity Schedule August 4 - August 28, 2017



Summer is a quiet time for us, however things do come up. The FRC pool does close in thunder and lightning storms.  
Please call ahead to our front desk at 778-7437 to confirm pool availability.

Schedule Questions? Contact Jennifer Pageot, Manager of Aquatics  
778-7437, jennifer.pageot@maine.edu

Highlighted = Pool section closed.

\*\* Confirm class offering through group fitness schedule

\*\*Closed Mon. Aug 14 - Fri. Aug 18 for Cleaning Week\*\*

Revised 6/20/2017

	Monday 6am - 8:30pm				Tuesday 6am - 8:30pm				Wednesday 6am - 8:30pm				Thursday 6am - 8:30pm				Friday 6am - 6:30pm				Saturday 8:30am-6:30pm				Sunday 10:30am-8:30pm					
	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3						
6am																					Pool Opens at 8:30am	Pool Opens at 10:30am								
7am	**HI Water Exercise 7:30-8:30												**HI Water Exercise 7:30-8:30																	
8am					FMH PT 8:00-9:00																									
9am	*Water Exercise 9:15-10								*Water Exercise 9:15-10								*Water Exercise 9:15-10													
10am													*Aqua Zumba 10:30-11:15 Shallow Area Only																	
11am																														
12pm																														
1pm	Summer Daze Camp 1-3pm ends 8/7				Summer Daze Camp 1-3pm ends 8/8				Summer Daze Camp 1-3pm ends 8/9				Summer Daze Camp 1-3pm ONLY 8/10 Weather permitting				Summer Daze Camp 1-3pm ends 8/11													
2pm																														
3pm																														
4pm																														
5pm	*Water Exercise 5:15-6				**Aqua Zumba 5:30-6:30 Shallow Area Only								*Water Exercise 5:15-6																	
6pm																														
7pm																					Closed at 6:30pm				Closed at 6:30pm					
8pm	Closed at 8:30pm				Closed at 8:30pm				Closed at 8:30pm				Closed at 8:30pm												Closed at 8:30pm					