



Pool Activity Schedule through March 19 - May 11, 2017

All aquatic program times may be altered without notice. Check in with the lifeguard upon arrival to determined space available or call 778-7495.



Schedule Questions? Contact Jennifer Pageot, Manager of Aquatics

Highlighted = Pool section closed.

r.3/17/2017

778-7437, jennifer.pageot@maine.edu

** Confirm class offering through group fitness schedule

	Monday 6am - 8:30pm				Tuesday 6am - 8:30pm				Wednesday 6am - 8:30pm				Thursday 6am - 8:30pm				Friday 6am - 6:30pm				Saturday 8:30am-6:30pm				Sunday 10:30am-8:30pm							
	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3				
6am																																
7am	**HT Water Exercise 7:30-8:30								**HT Water Exercise 7:30-8:30								**HT Water Exercise 7:30-8:30				Pool Opens at 8:30am				Pool Opens at 9:30am							
8am					FMH PT 8:00-9:00												FMH PT till 9am															
9am	Water Workout 9:15 - 10:15				Rental 9:15 - 10:00				Water Workout 9:15 - 10:15				Pool Closed 8:30-10:15 Swim Lessons				PHE Water 9:15 - 10:15				Swim Lessons 8:45-11:55 (1/28-4/15)											
10am	PHE Water 10:30-11:30				**Water Exercise 10:15-10:45				PHE Water 10:30-11:30								**Aqua Zumba 10:30-11:15					PHE Water 10:30-11:30				Lessons 10:30-1pm						
11am									Rental 11:30-12:30 4/5, 5/3				Rental 11:00-12:00				Rental 11:30-12:30 3/20															
12pm													Rental 12:00 - 1:00																			
1pm	PHE Water 1:15 - 2:15								PHE Water 1:15 - 2:15								PHE Water 1:15 - 2:15															
2pm	PHE Water 2:30 - 3:30								PHE Water 2:30 - 3:30								PHE Water 2:30 - 3:30															
3pm																	ASP 3:30-4:30															
4pm																																
5pm																																
6pm					Pool Closed 5:30-7:05 Swim Lessons in Session (3/14-4/13)								**Water Workout 5:30-6:15				Pool Closed 5:30-7:05pm for Swim Lessons															
7pm													Water participants permitted only																			
8pm													Kayak Night 7:15-9:15p																			
9pm	Closed at 9:30pm				Closed at 9:30pm				Closed at 9:30pm				Closed at 9:30pm				Closed at 8:30pm				Closed at 8:30pm				Closed at 9:30pm							