UMF Fitness and Recreation Center

Lifeguard & Swim Instructor Interviews 2015

Each applicant must submit an application prior to or at the start of interviews. A copy of your certifications must be attached. They can be copied at the facility when you arrive, if needed. Applicants are expected to be present on the pool deck, in swim suits, at the start times listed below. Direct all questions to the Aquatics Director, Jennifer, Jennifer.pageot@maine.edu, or 207-778-7437.

Department and Work Study Funded Positions

<table>
<thead>
<tr>
<th>Swim Instructor</th>
<th>Lifeguard</th>
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<tr>
<td>5:30 pm Monday, September 7th</td>
<td>6:00 pm Monday, September 7th</td>
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*If you are unable to make the time above e-mail Jennifer.pageot@maine.edu by 8/4 for an alternate interview time.

Swim Instructor Applicants:

Swim instructor applicants will have an opportunity to learn how we facilitate our swim program. Through relaxed conversation with current swim instructors, applicants will have a chance to talk about their teaching experiences. To be hired as a Water Safety Instructor, applicants must have extensive teaching experience and/or you must hold a current swim instructor certification; American Red Cross Water Safety Instructor certification is preferred, but not required.

Lifeguard Applicants:

New hires spend their first semester completing training requirements, then working as a sub, typically. The number of work hours will fluctuate each week.

Our facility is a one guard facility. This requires guards to have strong leadership, communication, and rescue skills. Through rotating stations, applicants will have a chance to brush up on their skills while working with the current staff. Applicants should prepare by reviewing for the following skills:

- First Aid care on a child
- Distressed swimmer
- Passive submerged non-spinal: The primary rescuer must be able to talk a non-guard through ‘second guard’ responsibilities of removing victim from the water. The primary rescuer is then expected to provide follow up care, which will include demonstrating CPR and AED skills, on a manikin.
- Addressing behavior issues with patrons
- Spinal management: rolling a face-down spinal victim in the deep end, swim to the shallow end, and place on the backboard with the help of a current guard.