



Pool Activity Schedule

Summer through August 19, 2018



Schedule Questions? Contact Jennifer Pageot, Manager of Aquatics

778-7437, jennifer.pageot@maine.edu

Highlighted = Pool section closed.

** Confirm class offering through group fitness schedule

FRC is closed Mon. Aug. 20 - Fri. Aug 25 for our annual cleaning week!

Revised 6/25/2018

	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday							
	6am - 8:30pm				6am - 8:30pm				6am - 8:30pm				6am - 8:30pm				6am - 6:30pm				8:30am-6:30pm				10:30am-8:30pm							
	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3				
6am																					Pool Opens at 8:30am				Pool Opens at 10:30am							
7am	**HT Water Exercise 7:30-8:30								**HT Water Exercise 7:30-8:30								**HT Water Exercise 7:30-8:30															
8am					FMH PT 8:00-9:00																											
9am	Farmington Rec. Swim Lessons 9-11:30am begins 7/9																**Water Exercise 9:15-10:00am															
10am					** Water Exercise 10:15-11:00am				Farmington Rec Swim Lessons 9-12:20 begins 7/10								**Water HITT 10:15-10:45	** Water Exercise 10:15-11:00am	Farmington Rec Swim Lessons 9-12:20 begins 7/12													
11am																					Rec. Swim Lessons 11:30-12:20											
12pm																																
1pm	Summer Daze Camp 1-3pm																															
2pm																																
3pm																																
4pm																																
5pm																																
6pm					**Water Exercise 5:30-6:30												**Water Exercise 5:30-6:30															
7pm																									Closed at 8:30pm							
8pm	Closed at 8:30pm				Closed at 8:30pm				Closed at 8:30pm				Closed at 8:30pm				Closed at 8:30pm															