



Pool Activity Schedule through November 16, 2018



All aquatic program times may be altered without notice.
 Check in with the lifeguard upon arrival to determined space available or call 778-7495.

R 10/22/2018

Highlighted = Pool section closed to general swimmers.

778-7437, jennifer.pageot@maine.edu

** Confirm class offering through group fitness schedule

	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday																	
	6am - 9:30pm				6am - 9:30pm				6am - 9:30pm				6am - 8:30pm				6am - 8:30pm				8:30am-8:30pm				9:30am-9:30pm																	
	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1														
6am																					Pool Opens at 8:30am.	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1									
7am	**HT Water Exercise 7:30-8:30								**HT Water Exercise 7:30-8:30								**HT Water Exercise 7:30-8:30																	Pool Opens at 9:30am for programs, 11:30am for general swim.	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1
8am					FMH PT 8:00-9:00												FMH PT 8:00-9:00																									
9am					Rental 9:15 - 10:30																Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1													
10am					10:30-11:30 Water Exercise								10:30-11:30 Water Exercise																	Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1				
11am																																							Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2
12pm													Rental 12:00 - 1:00								Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1													
1pm																														Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1				
2pm																																							Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2
3pm	ASP Swim 3:30 - 4:30				ASP Swim 3:30 - 4:30				ASP Swim 3:30 - 4:30				ASP Swim 3:30 - 4:30				ASP Swim 3:30 - 4:30				Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1													
4pm					P&M Swim 4:35-5:05pm Begins 10/23																									Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1				
5pm	Swim Lessons 5:15-6pm				Swim Lessons 5:15-7pm Begins 10/23				Swim Lessons 5:15-6pm				5:30-6:15 Water Workout																										Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2
6pm	Swim Lessons 6- 7pm							Swim Lessons 6- 7pm				UMF Outing Club 6:30-8:30p								Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1														
7pm																													Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1					
8pm																																						Swim Lessons 9:45-11:30am Begin 10/21	Open Area	Lane 3	Lane 2	Lane 1
9pm	Closed at 9:30pm				Closed at 9:30pm				Closed at 9:30pm				Closed at 9:30pm				Closed at 8:30pm				Closed at 8:30pm				Closed at 9:30pm																	