



Spring Pool Activity Schedule 2020

All aquatic program times may be altered without notice.

Check in with the lifeguard upon arrival to determined space available or call 778-7495.



Schedule Questions? Contact Jennifer Pageot, Manager of Aquatics

Highlighted = Pool section closed to general swim.

r. 2/28/2020

778-7437, jennifer.pageot@maine.edu

** Confirm class offering through group fitness schedule

	Monday 6am - 9:30pm				Tuesday 6am - 9:30pm				Wednesday 6am - 9:30pm				Thursday 6am - 9:30pm				Friday 6am - 8:30pm				Saturday 8:30am-8				Sunday 9:30am-9:30pm							
	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3	Open Area	Lane 1	Lane 2	Lane 3				
6am																																
7am																																
8am	**HT Water Exercise 7:30-8:30								**HT Water Exercise 7:30-8:30								**HT Water Exercise 7:30-8:30															
9am					FMH PT 8:00-9:00												FMH PT till 9am															
10am					Rental 9:15 - 10:00																											
11am	**Water HIIT 10:30-11:00								**Aqua Zumba 10:30-11:30								**Water Strength 10:30-11:00															
12pm																																
1pm																																
2pm																																
3pm																																
4pm																																
5pm	General Swim Closed 3:50-6:10 Swim Lessons				General Swim Closed 3:50-6:10 Swim Lessons				General Swim Closed 3:50-6:10 Swim Lessons																							
6pm																																
7pm																																
8pm																																
9pm																																
	Closed at 9:30pm				Closed at 9:30pm				Closed at 9:30pm				Closed at 9:30pm				Closed at 8:30pm				Closed at 8:30pm				Closed at 9:30pm							