

# Nature Based Education Institute

May 19, 2018

Sponsored by University of Maine at Farmington

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**Session Title:** Upcycle Explorers: Creative Journaling for Nature Field Studies

**Session B** 10:30-11:45

**Location:** North Dining Hall A

## Presenters

- Laurie MacWhinnie (macwhinn@maine.edu)
- Kelly Boivin (kelly.boivin@maine.edu)

## Who will benefit most from this session?

- Grades 4-8 educators

## Who else may benefit:

- Primary Grade Educators (Pk-Grade 3)
- High School Educators (Grades 9-12)
- Out of School Educators (4-H, Museum, Camp settings)

**Session Description:** We will begin with an introduction to some of the field guides and other literature about nature designed for young explorers to set the stage for field studies in a local environment. Using recycled materials, we will make a simple field journal and share ideas for incorporating observations into a journal through physical evidence, art, and words. Then we will head outside to explore a local green space so participants can record and collect what they discover.

Participants will become familiar with nature literature and field guides for children and teens, learn how to make a simple journal that can be used for field studies, and share methods of capturing observations in nature through journaling.

**How will participants engage in nature during your session?** Using field guides, other literature, and shared ideas as inspiration, and armed with the journals they create, participants will have the opportunity to explore Abbott Park or another green space on campus to observe, collect, and record in their journals.

## Presenter Biographies

Laurie MacWhinnie is the Head of Reference Services at Mantor Library at the University of Maine at Farmington. She is the library collection development liaison for children's and Young Adult literature, and her interests include book arts and art journaling.

Kelly Boivin is the manager of the Spenciner Curriculum Materials Center at the University of Maine at Farmington. She has a background in Early Childhood Education and is Maine Project Learning Tree certified.