



## **BREAK WAIVER**

This form is to be used by any employee who works more than six (6) consecutive hours and does not take a mandatory break.

I understand, to be in compliance with federal and state wage and hours laws, Fair Labor Standards Act, and Federal Work-Study regulations, I must be given the opportunity to take at least 30 consecutive minutes of rest time after 6 consecutive hours of work. I waive the right to take this 30 minute break. All student employees must punch in and punch out for ALL breaks. Do not use the Break feature.

\_\_\_\_\_  
Employee's Signature

\_\_\_\_\_  
Empl. ID #/Date of Birth

\_\_\_\_\_  
Date

\_\_\_\_\_  
Employer's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Department Name

Upon completion, please maintain a copy for the employer's file and forward the original to the UMF Merrill Center Student Services, 224 Main Street, Farmington Maine 04938, if the employee is a student.

This waiver is good only for the department listed above and for the work period on your current work authorization form.

Merrill Center Student Services  
Merrill Hall  
224 Main Street  
Farmington, ME 04938  
(207) 778-7100  
Fax: (207) 778-7555