Mainely Outdoors

To take full advantage of our perfect location, the University of Maine at Farmington offers a backpack full of epic outdoor adventures through our hugely popular Mainely Outdoors adventure program. Housed in its own building right beside the UMF Fitness and Recreation Center, the Mainely Outdoors program offers students the following opportunities:

- ★ Student-led trips & excursions
- ★ Equipment & gear sign-out/rentals
- ★ Clinics & lessons
- ★ Certification & training opportunities
- ★ And much more

Mainely Outdoors recognizes that not everyone has a garage-full of outdoor gear, so they offer an ever-growing inventory of equipment for sign-out/rental for students and community members. Mainely Outdoors has canoes, kayaks, tubes, paddle boards, life jackets, mountain and road bikes, helmets, snowshoes, skis, and so much more!

Thanks to a generous donation from Sunday River and Sugarloaf, all full-time UMF students get a FREE season pass to Farmington's Titcomb Mountain. UMF students also get FREE learn-to-ski-and-ride lessons at Titcomb.

Contact Us!

Andrew Willihan
Outdoor Recreation Coordinator
mainelyoutdoors@maine.edu
603-667-1669

Bust-A-Move Beavers (BAM)

Bust-A-Move Beavers (BAM) is a dance group here at UMF. BAM presents a showcase every semester in the Emery Community Arts Center. It is free to attend the showcase which is on December 6th and 7th at 7PM this semester. If your student is interested in joining BAM next semester, they can find the group on Facebook or Instagram for information about meeting times. No prior dance experience is necessary!

UMF Bust-A-Move Beavers
umfbamstagram

Need More Information?

Mary Ellms
Coordinator of First-Year Experience
mary.ellms@maine.edu
207-778-7476
Winter Break

Winter Break is from December 20th, 2019 to January 20th, 2020. If your student is living on campus, they are expected to be out of their room by 9AM on December 20th, 2019. For students living in residence halls, they are asked to complete a check list of things to do in their room before leaving (e.g. emptying their room trash). If your student plans to stay in the residence halls over winter break, they should complete a break housing form at: http://www2.umf.maine.edu/studentlife/about/break-housing/

If your student is withdrawing from the university, they should contact Merrill Hall at 207-778-7100. This will ensure that your student is not billed for the following semester. If your student is withdrawing from the university and also lived in a residence hall, they will also need to move all of their belongings out of the hall by December 20th, 2019. Students should be aware that the dining hall is closed during break. In addition to that, the Mantor Library is only open from 8:00AM to 4:30PM during break.

Gearing Up for Finals

★ Tutoring
UMF has drop-in peer tutoring for mathematics and writing in the Student Learning Commons (in Mantor Library):
Monday - Thursday from 12:00-2:00 p.m. 
Sunday - Thursday from 6:00-8:00 p.m.

Tutors for all other courses can be requested at the Student Learning Commons.

★ Supplemental Instruction
Supplemental Instruction (SI) is facilitated by a student who has done well in the class previously. SI are groups sessions that are held twice a week for one hour each.

★ Academic Advisor & Drop-In Advising
Every student is assigned an academic advisor. Academic advisors can connect students to resources and help them make educational decisions.

UMF also has Drop-In Advising in the Student Center for additional support.

★ Professor Office Hours
All professors are required to hold office hours during the week. This is a great time for your student to ask their academics questions in a one on one setting.

Winter Courses

Many students choose to take courses during winter break. Your student can find information about each course on their MyCampus. Some of the courses are being offered online, some are travel courses, and others take place on campus. Your student can call Merrill Hall at 207-778-7100 to enroll in a course. Winter courses run from December 26th, 2019 to January 17th, 2020. The last day to register for a winter course is December 26th, 2019. The winter courses being offered are listed below:

ART-177 .......................Political Ideas in the Arts
ARH-277A .....................Japan: Kyoto & Tokyo
BUS-575 .......................Marketing Management
CHY-110N ....................Intro to Analytical Chemistry
EDU-280 .....................Diversity & Social Justice Ed. K-8
ENG-177 .....................Intro to Poetic Forms & Devices
ENG-277H ....................Migration: Image & Text
GEO-277S .....................Living in the Desert
INT-177 .....................Building a Sustainable Future
INS-280 .......................Tanzania
INS-280 .......................Japan
LIA-177 .......................Financial Wellness
MAT-103M ...................Math Content Elem. Sch. Tch. I
MAT-120M .....................Introductory Statistics
PEC-211 ......................Baseball/Softball Coaching Methods
POS-266S .....................Politics of Germany & Italy
POS-277S .....................Tanzania: Ecotourism/Env. Act
PSY-106 .....................Self-Determination: Theory & Pract.
PSY-377 .....................Psychology of Grief & Grieving
REH-177 .....................Lunatics, Lockups, & Lobotomies
TEC-101 .....................Introduction to Excel
TEC-102 .....................Introduction to SQL
TEC-177 .....................Data Visualization
TEC-177 .....................Introduction to Python
TEC-177 .....................Introduction to R